

HEALTHCARE AND LEARNING MANAGEMENT WORK EXPERIENCE

Gratitude Healing Arts, LLC (GHA) and elementalAdvanced, Owner, April 2010 – Present
www.gratitudehealingarts.com , www.elementaladvancedmt.com, www.elementaladvanced.com

I have managed multiple client cases at a time, while offering exceptional, leading edge manual therapy and detailed nutrition consulting, with a blend of Eastern and Western perspective that is backed by scientific studies and clinical observation. My practice has been one of client centered care, and I have built relationships with several clients that have spanned the entire length of my business operations. I have studied around the world to advance my knowledge and skill, and built relationships with colleagues from many backgrounds and cultures. In recent years I have authored several publications, and launched an online LMS curriculum. I also recently rebranded to Elemental Advanced Manual Therapy (elementalAdvanced), in preparation for transitioning GHA into a non-profit teaching and research clinic. The development of this curriculum included credentialing with multiple professional organizations to provide continuing education benefits, creatively directing the research and design of the educational materials for various learning styles, coordinating and negotiating necessary licensing agreements for use of other's intellectual property, and designing and managing an overall user experience for students that brings education of a hands on modality into a virtual space in a comprehensive and attractive way.

In my capacity as Owner/CEO of GHA, I have had experience with relationship building, all aspects of event planning, branding, sourcing, marketing, web development, SEO, finance, change management, strategic growth planning, long term market analysis, insurance billing, credentialing, regulatory gap analysis, clinical compliance, and many other aspects of running a successful business for over 12 years, while looking toward the future. I have also worked extensively in the areas of medical billing and advocacy including parity issues associated with with implementation of the Affordable Healthcare Act and State and Federal healthcare legislation. This is including but not limited to mental health parity, physical medicine and manual therapy parity, non-discrimination policy, and health insurance benefit implementation.

EDUCATION

Vermont Law School, South Royalton, VT

Master of Studies in Environmental Law, August 2005

Courses included: Watershed Management and Protection, Water Resources Law, Federal Natural Resources Law, Environmental Law, Land Use Law, Administrative Procedure, Alternative Dispute Resolution and Negotiation, and Biodiversity Protection

Activities: Solutions Conference Planning Team
Native American Law Society
Environmental Law Society
Volunteer Mediator, Adamant Accord, Adamant, VT

University of Dayton, Dayton, OH

Bachelor of Arts, Communication Management, May 2003

Minors: Photography and Fine Arts, Biology (with a focus in Physical Medicine and Kinesiology)
Concentrations: Psychology, Marketing, Geology, Philosophy, and Sociology
Honors: 2nd place, 2002 Horvath Exhibition, B&W photograph entitled "Waiting"
Featured in the Scholars Art Gallery, Spring 2001
Activities: Certified as Teen Mentor, Daybreak Children's Shelter, 2002 – 2003
Habitat for Humanity Volunteer
Published Several Articles in the "Flyer News" and "The Difference"

Maryland University of Integrated Health (MUIH), Online

Master of Science in Nutrition and Integrated Health, Herbal Medicine Concentration, September 2014 – 2015

I completed half of this Masters program, pivoting to focus on post doctorate continuing education in osteopathic soft tissue manual therapy.

Desert Institute of Healing Arts (DIHA), Tucson, AZ, September 2003 – May 2004

Manual Therapy Certification, Hours Completed: 400

Oriental Healing Arts Center (OHAC), Anchorage, AK, September 2009 – April 2010

Oriental Medicine and Manual Therapy Certification, Hours Completed: 500

PUBLICATIONS AND CURRICULUMS

- Columnist for Acupuncture Today, Series on bridging the ancient ways of healing with modern research based knowledge, called 'Minding the Gap.'
- Keane, Nicole Rachelle. *The Tao of The Polyvagal Theory: A Five Element Perspective For a Future of Healing the Spirit and Balancing the Autonomic Nervous System*. Gratitude Healing Arts, LLC; 2021.
- *The Tao of the Polyvagal Theory Class*, 2021. A 'learn at your own pace' online LMS course based on the treatment theory presented in the publication of the same name. This 4 hr class presents examples of clinical application and case studies, in alignment with the *Tan Cycle* and the *Yu Angles*, two new theoretical treatment models that I created for interdisciplinary treatment within a trauma informed clinical practice.
- *Elemental Manual Meridian Theory and Techniques (EMMT)*, 2021 – Present. www.elementaladvanced.com, a web based 'learn at your own pace' LMS platform. This curriculum is a series of 5 classes that focus on the effects of manual therapy on the Autonomic Nervous System and Vagus nerve complex. The curriculum is taught relative to each element in the Five Element system: Wood, Fire, Earth, Metal/Air, and Water. Techniques presented in these classes blend together: Toyohari style meridian therapy; Visceral Fascial Matrix Mobilization; Neural Mobilization; Circulatory Release Techniques; Myofascial Release, including direct and indirect techniques that incorporate the philosophy of the structural fascial matrix and fascial meridian system; Cranial Osteopathy; Lymphatic Drainage Therapy; Neuroendocrine Balancing; as well as Reiki and Emotional Release Techniques.

PROFESSIONAL CERTIFICATIONS

LEED AP – Leadership in Energy and Environmental Design Accredited Professional, USGBC, May 2009

Wilderness First Responder (WFR) – Wilderness Medicine of Utah, May 2010

Board Certified Therapeutic Massage and Bodywork - NCBTMB, Since 2011

Licensed Massage Therapist in Oregon, # 23651, Expires 11/31/2023

CPR/AED for Healthcare Professionals, Exp 2024

Approved Provider of Continuing Education, NCCAOM and NCBTMB, 2020-current

CEU COURSES AND ADVANCED TRAINING

- *Clinical Treatments of Fibromyalgia*, Cortiva Institute, Chicago Loop, Chicago, IL. July 2010
- *125 hour Pre-Natal, Post-Natal, and Peri-Natal Massage Therapy*, Boulder College of Massage Therapy, Boulder, CO. 2012
- *Myofascial Release Technique, Upper Body*, Anchorage, Alaska. January 2012
- *Active Release Technique, Lower Extremity*, Anchorage, Alaska. July 2012
- *Neural Manipulation I, Neuromeningeal Manipulation An Integrative Approach to Trauma*, Barral Institute, San Francisco, CA. September 2013
- *Visceral Manipulation I, Abdomen*, Barral Institute, Seattle, WA. November 2013
- *Listening Techniques I, An Integrative Approach to Evaluation*, Barral Institute Seattle, WA. Nov 2013
- *Visceral Manipulation II, Abdomen*, Barral Institute, Reykjavik, Iceland. January 2014
- *Visceral Manipulation III, The Pelvis*, Barral Institute, Portland, OR. January 2015
- *Visceral Manipulation IV, The Thorax*, Barral Institute, Seattle, WA. October 2014
- *Listening Techniques II, Advanced Integrative Evaluation*, Barral Institute Denver, CO. Sept 2014
- *Visceral Manipulation I (Certify for TA Position)*, Barral Institute Orange County, CA. May 2015
- *Visceral Manipulation V, Manual Thermal and Visceral Emotional Release*, Barral Institute, Portland, OR. May 2016
- *Neural Manipulation II, Peripheral Nerve Manipulation Upper Body*, Barral Institute, Albuquerque, NM. May 2017
- *Neural Manipulation III, Peripheral Nerve Manipulation Lower Body*, Barral Institute, Minneapolis, MN. June 2017
- *Visceral Manipulation VI, Visceral Emotional Release*, Barral Institute, Denver, CO. July 2017
- *Neural Manipulation IV, Brain and Cranial Nerve Manipulation* Barral Institute, Albuquerque, MN. March 2018
- *Brain I, Brain, Nuclei, Fluid, and Autonomic Nervous System*, Chikly Institute. Seattle, WA. May 2018
- *Visceral Manipulation II (Certify for TA Position)*, Barral Institute, Esalen Institute, CA. Sept 2018

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- *Brain, Bone Marrow, and Toxicity*, Chikly Institute, Phoenix, AZ. December 2018
- *Physiological and Neuroendocrine Effects of Soft Tissue Treatment*, Barral Institute Italia, Rome, Italy. April 2019
- *Retained Neonatal Reflexes*, Chikly Institute, Remote Learning. October 2022